



Unit VII Material Culture: The Stuff of Life
Lesson 4 Family Foodways

Recipe Interview Worksheet

Name _____ Date _____

Interviewee's Name _____

- 1) Name of dish or food prepared. Does it have more than one name?
- 2) If this dish is for a special occasion, list the occasions when it might be served.
- 3) How old is the recipe? Where did it come from?
- 4) How did you learn to make this recipe?
- 5) Is this dish special to a region of Louisiana?
- 6) Has the preparation of this dish changed over time?
- 7) Have you ever made any changes to this recipe? If so, please describe and explain why.
- 8) Is this dish an important one for the family? Why?
- 9) What herbs, spices, and seasonings are used? Who prepares them? Are they store bought or grown locally?
- 10) Are there special tools or utensils used to cook the dish?
- 11) What is done with leftovers? Is a new dish created?