



Unit VII Material Culture: The Stuff of Life  
Lesson 4 Family Foodways

## Recipe Interview Worksheet

Name \_\_\_\_\_ Date \_\_\_\_\_

Informant's Name \_\_\_\_\_

- 1) Name of dish or food prepared. Does it have more than one name?
  
- 2) If this dish is for a special occasion, list the occasions when it might be served.
  
- 3) How old is the recipe? Where did it come from?
  
- 4) Is this dish special to a region of Louisiana?
  
- 5) Has the preparation of this dish changed over time?
  
- 6) Is this dish an important one for the family? Why?
  
- 7) What herbs, spices, and seasonings are used? Who prepares them? Are they store bought or grown locally?
  
- 8) Are there special tools or utensils used to cook the dish?
  
- 9) What is done with leftovers? Is a new dish created?